



Heart Art

2024 Program

Creating Art that Nourishes your Heart

Art for Wellbeing

An on-going course that changes every term, exploring different areas of art (eg: drawing, painting, printing, textiles). Through these art activities participants build a range of new skills, grow in confidence and learn to express themselves in their art. The ever changing nature of the course makes it suitable for experienced and beginning students.

There are two afternoon classes alternating on Thursdays fortnightly at 12.30-3.15 pm .

Cost includes tuition, art materials, visual diary and afternoon tea.

Term 1	Class A begins	8th Feb	4 classes	cost \$256	Class B begins	15th Feb	4 classes	cost \$256
Term 2	Class A	18th April	5 classes	cost \$320	Class B	2nd May	5 classes	cost \$320
Term 3	Class A	18th July	5 classes	cost \$320	Class B	25th July	5 classes	cost \$320
Term 4	Class A	10th Oct	5 classes	cost \$320	Class B	17th Oct	5 classes	cost \$320

Creative Acrylic Painting

These relaxed Friday mornings allow participants to explore the many joys of painting with acrylic paints. Tuition, basic skills and techniques are given and developed with beginning painters. Experienced painters are encouraged to extend their skills with new ideas and techniques and also build their own inspiration and style. Self expression is encouraged.

Weekly Friday classes 10am- 1.15pm.

Cost includes tuition, paints, mediums, tools, a Visual Diary, one small stretched canvas and morning tea.

Term 1	commences	9th Feb	7 classes	\$ 448	Term 3	commences	26th July	9 classes	\$576
Term 2	commences	19th April	9 classes	\$576	Term 4	commence	18th Oct	9 classes	\$576

Retreat Day to brighten Winter- July 21 9.30 am—4pm. Theme etc. to be announced closer to the date .

Private Art Tuition also available.

Heart Art happens in a beautiful garden Studio in Curry Road, Park Orchards, Melbourne.

Art teacher Ann Bidstrup leads the activities, helps you develop art skills and encourages your own style.

Classes are small, so phone or email Ann to book your place ann@heart-art.com.au Mob 0419 303 823.

www.heart-art.com.au