

Feltmaking - Rainbow Parrot

Learn to make felt in a 3D way. Felt making is an ancient and 'down to earth' process, it is also very tactile, rewarding and easy to do. A great place to work is at the kitchen sink and so it is easy to make more felt at home.

These little parrot-like birds are 3D, not flat felt, see www.heart-art.com.au for images. They are fun to form and the results will make you smile...so will the big range of vividly coloured pure wools you can work with.

The parrots can be put on sticks to add splash of colour to indoor plants or hung by a thread under a light.....yes quirky and unique. A colourful afternoon in Winter.

Time Sunday 30th June 1pm - 4.30 pm
Cost \$75- includes tuition, notes, all materials and afternoon tea.

The Heart Art Studio

Heart Art workshops are held in a lovely, light filled studio in **Park Orchards** (8 minutes from the Eastern Freeway/East Link. Melways Map 35 D12).

Set in an acre of garden and trees, with abundant bird life, the studio has a retreat-like atmosphere. A wonderful place for encouraging creativity.



Needing help with an art idea? Wanting individual tuition? Ann is happy to give private sessions. To discuss this or the workshops in this brochure, phone Ann on (03) 98761913 or E-mail ann@heart-art.com.au

Seasons of the Heart

In Melbourne we are so fortunate to have distinct Seasons each year, they create a beautiful cycle in our lives. These workshops are designed to blend Heart...Art...Soul.

Each workshop combines inspiration from the current season, time for reflection, art making in the garden-studio, happy company and nourishing food.

Note: Returning participants are most welcome. The title and character of each workshop will be similar to last year but the only art activity that will be the same as in 2018 is the Winter Warmer - felted Tree of Life.

Indian Summer

Time 9.30 am - 4.30 pm Sunday 24th March
Cost \$560 for all 4 Seasons of the Heart workshops (or \$150 for individual workshops). Includes all art materials, morning tea and a light lunch. In the Indian Summer workshop the warmth and mellowness of late Summer is celebrated. Fragments of Indian textiles, snippets of poetry and perfumes of spices inspire an evolving and original artwork that is rich in colours and patterns. A relaxing, multi sensory day.

Autumn Leaves

Time 9.30am - 4.30 pm Sunday 26th May
Cost \$150- includes all art materials, morning tea and a light lunch. For many people Autumn is their favourite season and the Autumn leaves are the 'stars of the show'. Weather permitting we will spend time walking in the garden collecting leaves for inspiration. In the Studio we create nature-inspired art works belonging to this beautiful season. A peaceful Autumn-coloured day.

Winter Warmer

Time 9.30am - 4.30 pm Sunday 18th August
Cost \$150- includes all art materials, morning tea and a warming lunch. We are happy to retreat inside the studio in this cold and introspective time of the year. Music, art and nature will come together to inspire our Feltmaking as we each create a Tree of Life art work using beautiful pure wool. (Felt making will be taught in this workshop- no previous experience is needed.) A cosy 'heart felt' day.

Spring Blossoms

Time 9.30am - 4.30pm Sunday 27th October
Cost \$150- includes all art materials, morning tea and a light lunch. A lovely time of the year when nature unfurls shapes, lines, colours, textures, songs and fragrances that delight our senses. The fragility and lightness of spring blossoms and the fresh colours of the season influence the activities for this day.... Watercolours, miniature drawings and the lustre of silk make this a refreshing playful day.

Gaudi Glass - Klimt Glass

Antoni Gaudi coloured his amazing architecture in rich and striking ways with glass, tiles and textures. Gustav Klimt used repeated shapes to create memorable patterns in his paintings.

Transparent mosaics is a great workshop for making art works inspired by Gaudi or Klimt using brilliantly coloured and textured glass on simple glass shapes.



There are 5 base shapes to choose from (circle, heart, bird, rectangle and waterdrop) all are approximately A4 in size. The designs can be pictorial or abstract. Finished with a flexible wire, the art work looks great hanging in a window where the light flows through it.

Time 9.30am - 4pm Sunday 10th November

Cost \$170 - includes tuition, notes, all materials, morning tea and lunch.

4 Saturdays Painting

Begin, or expand, your experience of Acrylic paints this year during these themed Saturdays of creative painting. (Note: no previous painting experience is required).

With each theme the inspiration, tools, mediums/ paint and results will be very different. Participants can choose to pursue the theme for the whole day (with Ann's support) or take a tangent that has appeared for them along the way (with Ann's support).

These workshops can be taken individually or as a Course of 4.

Time: Saturdays 9.30am - 4pm

Dates and Themes :-

Sat 6th April ~ Texture and Collage
Sat 15th June ~ Colour and Nature
Sat 14th Sept ~ Line and Imagination
Sat 7th Dec ~ Shape and Design

Cost: \$145 for individual workshops, \$540- for all 4 workshops (\$135 a workshop)
Cost includes one 30x 40cm or 30x 30cm canvas, all paints, tools, tuition, morning tea and a light lunch.




Heart Arts

WORKSHOPS for 2019

The art in heart is more than just three letters of the alphabet. There is a beautiful connection that happens when you take the time to explore and use the elements of art (colour, line, shape, etc) in your own way. These workshops are about creating art that nourishes your heart.

www.heart-art.com.au

 Ann Bidstrup Heart Art

ENROLMENT FORM

Name	
Address	
P/C	
E-Mail	
Phone H	Mob
Workshops	Dates

Enclosed / Bank Transferred amount \$
 *Cheques payable to Ann Bidstrup
 Banking Details:- Ann Bidstrup
 BSB 733 382 Account Number 524 288
Mail form to :- Ann Bidstrup
14-16 Curry Road, Park Orchards 3114.

Heart Art 2019

Art teacher ANN BIDSTRUP will lead the activities and help you develop art skills. No previous art experience is required.

Each workshop is enriched with music, good food and happy company so it will be a special experience for you.

Class sizes are small so please phone or email Ann first to reserve a place :-

(03) 9876 1913 / ann@heart-art.com.au

Classes will only happen if there are sufficient confirmed bookings.

To confirm your booking, just email / post the information on the Enrolment Form to Ann with your deposit of half of the workshop cost.

See payment details on above form.

Art for Wellbeing

Each term this ongoing course explores different areas of art and expands artistic awareness and art skills.

Ann leads playful, experimental 2D and 3D art activities that build art experience and self confidence as, over time, participants explore painting, drawing, modelling, printmaking, textiles, collage and construction.

Inspiration is taken from aspects of life such as nature, famous artists, words and stories, special art materials, colour, line, shapes etc.

New participants are welcome and, as the course is always changing, no previous art experience is required. Images from last year's activities are on the website www.heart-art.com.au

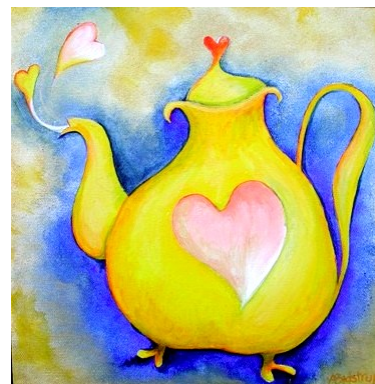
There are two afternoon classes alternating on Thursdays fortnightly at 12.30- 3.15 pm

Term 1 Class A	14th Feb	4 classes	\$240
Class B	21st Feb	4 classes	\$240
Term 2 Class A	9th May	5 classes*	\$300
Class B	2nd May	5 classes	\$300
Term 3 Class A	18th July	5 classes	\$300
Class B	25th July	5 classes	\$300
Term 4 Class A	10th Oct	5 classes	\$300
Class B	17th Oct	5 classes	\$300

*Note:- Class 1&2 on same day due to Anzac Day.
 Cost includes tuition, art materials, visual diary and afternoon tea.



Creative Acrylic Painting



Acrylic paints are very accommodating and versatile - they can be made thick and creamy like oils, transparent like watercolours, work as a glue to include collage or be layered and scrubbed to give a weathered, aged effect. There is a beautiful spectrum of colours and they dry quickly.

In these workshops Ann introduces participants to a wide range of ideas, techniques and experiences with acrylic paints all aimed at building painting skills, developing individual creativity and discovering personal style and symbols.

Participants are also encouraged to find their own inspiration for their art and consequently these morning workshops are suitable for beginning and experienced painters alike.

Weekly Friday classes 10 am- 1.15 pm

Term 1	22nd Feb	7 classes	\$420
Term 2	10th May	7 classes	\$420
Term 3	2nd August	7 classes	\$420
Term 4	18th Oct.	6 classes	\$360

Cost includes paints, mediums, tools, visual diary and equipment including one stretched canvas either 30cm x 30cm or 30cm x 40 cm, tuition and morning tea. Note: participants may need to provide additional small canvases during the term.

Visual Diaries - art full living

Using a Visual Diary on a daily or weekly basis is a great way for honing your 'eye for beauty' and finding what really inspires your imagination and heart.

Your Visual diary can become a wonderful informal folio of art ideas growing out of images you draw, or find, in your day-to-day life.

In 2019 there are 4 workshops through the year to encourage your creativity, grow drawing skills and enrich your Visual Diary with different art ideas, interesting art materials and new energy.

The Theme for each date gives character and focus to the activities in that workshop.

3rd March — Words and writing

5th May — Wild birds

4th August — Turquoise

13th October — Minute

Time Sundays 1.30pm—4.30pm

Cost \$248-for all four Sundays (or \$70- for individual Sundays) Includes one A4 Visual Dairy, tuition, all art materials and afternoon teas.



“The artist is not a different kind of person..... but every person is a different kind of artist.”

Eric Gill (designer of 'Gill Sans' typeface)

www.heart-art.com.au



Ann Bidstrup Heart Art