

The Heart Art Studio

Park Orchards



Heart Art workshops are held in a lovely, light filled studio in Park Orchards (8 minutes from the Eastern Freeway / East Link Melways Map 35 D12). Set in an acre of garden and trees, with abundant bird life, the studio has a retreat-like atmosphere. A wonderful place for encouraging creativity.



Needing help with an art idea? Wanting individual tuition? Ann is happy to give private sessions. To discuss this or the workshops in this brochure, phone Ann on (03) 98761913 or E-mail ann@heart-art.com.au

Seasons of the Heart.....

In Melbourne we are so fortunate to have distinct Seasons each year, they create a beautiful cycle in our lives.

This year there are 4 new workshops designed to blend Heart....Art....Soul. Each workshop combines inspiration from the current season, time for reflection, art making in the garden-studio, happy company and nourishing food.

Indian Summer

Time 9.30 am—4.30 pm Sunday 18th March

Cost : \$540 for all 4 Seasons of the Heart workshops (or \$150 for individual workshops). Includes all art materials , morning tea and a light lunch.

In the Indian Summer workshop the warmth and mellowness of late Summer, fragments of Indian textiles, and snippets of poetry inspire printmaking that is rich in colours and patterns. A relaxing 'arty' day.

Autumn Leaves

Time 9.30am— 4.30 pm Sunday 6th May

Cost \$150- includes all art materials . Morning tea and a light lunch.

For many people Autumn is their favourite season and the Autumn leaves are the 'stars of the show'. Weather permitting we will spend time walking and collecting leaves for our art . In the Studio we will form lovely multi-media collages using Autumn leaves, paint, shellac etc. A tactile, creative day.

Winter Warmer

Time 9.30am—4.30 pm Sunday 29th July

Cost \$150 includes all art materials, morning tea and a warming lunch.

We are happy to retreat inside the studio in this cold and introspective time of the year. Music, art and nature will come together to inspire our Feltmaking as we each create a Tree of Life art work using beautiful pure wool. (Felt making will be taught in this workshop- no previous experience is needed.) A cosy 'heart felt ' day.

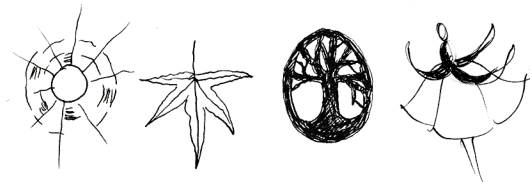
Spring Blossoms

Time 9.30am- 4.30pm Sunday 11th Nov

Cost \$150- includes all art materials, morning tea and a light lunch.

A lovely time of the year when nature unfurls shapes, lines, colours, textures, songs and fragrances that delight our senses.

The fragility and lightness of spring blossoms and the individuality of spring fashions inspires this season's art works in paper and paper magiclay. A playful multi-sensory day.



Gaudi Glass / Klimt Glass

Antoni Gaudi coloured his amazing architecture in rich and striking ways with glass, tiles and textures. Gustav Klimt used repeated shapes to create memorable patterns in his paintings. Transparent mosaics is a great workshop for making art works inspired by Gaudi or Klimt using brilliantly coloured and textured glass on simple glass shapes.

There are 5 base shapes to choose from (circle ,heart, bird, rectangle and waterdrop) all are approximately A4 in size. The designs can be pictorial or abstract. Finished with a flexible wire, the art work looks great hanging in a window where the light flows through it.



Time 9.30am - 4pm Sunday 12th August

Cost \$168 - includes tuition, notes, all materials, morning tea and lunch.

Silver Clocks, Clocks with Colour

Time:9.30am - 4pm Sunday 22nd April

Cost : \$155 - includes tuition , all materials, morning tea and lunch.

Do you remember our Silver Hearts ,Silver Bells workshops? This workshop takes the same materials and technique in a different direction.

Participants will create a simple, strong, but interesting clock base that is then covered with the thick aluminium embossing foil. The clock parts are added with attention to the practical side of this artwork (reading the time easily) as this battery-operated clock will keep good time.



After the clock is made there is time for decorationmaybe rich textured embossing or a simpler approach with some touches of special transparent colours.



View www.heart-art.com.au for images of the two clock shapes offered in the workshop. If a participant wishes to create another shape please discuss this with Ann prior to booking in.



Heart Art

WORKSHOPS for 2018

The art in heart is more than just three letters of the alphabet. There is a beautiful connection that happens when you take the time to explore and use the elements of art (colour, line, shape, etc) in your own way. These workshops are about creating art that nourishes your heart.

www.heart-art.com.au



Ann Bidstrup Heart Art

ENROLMENT FORM

Name

Address

P/C

E-Mail

Phone H

Mob

Workshops

Dates

Enclosed / Bank Transferred amount \$

*Cheques payable to Ann Bidstrup

Banking Details:- Ann Bidstrup
BSB 733 382 Account Number 524 288

Mail form to :- Ann Bidstrup
14-16 Curry Road, Park Orchards 3114.

Heart Art 2018

Art teacher ANN BIDSTRUP will lead the activities and help you develop art skills. No previous art experience is required.

Each workshop is enriched with music, good food and happy company so it will be a special experience for you.

Class sizes are small so please phone or email Ann first to reserve a place :-

(03) 9876 1913 / ann@heart-art.com.au

Classes will only happen if there are sufficient confirmed bookings.

To confirm your booking, just email / post the information on the Enrolment Form to Ann with your deposit of half of the workshop cost.

See payment details on above form.

Art For Wellbeing

Each term this ongoing course explores different areas of art and expands artistic awareness and art skills.

Ann leads playful, experimental 2D and 3D art activities that build art experience and self confidence as, over time, participants explore painting, drawing, modelling, printmaking, textiles, collage and construction.

Inspiration is taken from aspects of life such as nature, famous artists, words and stories, special art materials, colour, line, shapes etc.

New participants are welcome and, as the course is always changing, no previous art experience is required. Images from last year's activities are on the website www.heart-art.com.au

There are two afternoon classes alternating on Thursdays fortnightly at 12.30– 3.15 pm

Term 1 Class A	15th Feb	3 classes	\$177
Class B	22nd Feb	3 classes	\$177
Term 2 Class A	19th April	5 classes	\$295
Class B	26th April	5 classes	\$295
Term 3 Class A	19th July	5 classes*	\$295
Class B	26th July	5 classes*	\$295
Term 4 Class A	25th Oct	4 classes	\$236
Class B	1st Nov	4 classes	\$236

*Note :- Aug.30 / Sept.6 are full day classes.

Cost includes tuition, art materials, visual diary and afternoon tea.



Creative Acrylic Painting

Acrylic paints are very accommodating and versatile - they can be made thick and creamy like oils, transparent like watercolours, work as a glue to include collage or be layered and scrubbed to give a weathered, aged effect. There is a beautiful spectrum of colours and they dry quickly.

In these workshops Ann introduces participants to a wide range of ideas, techniques and experiences with acrylic paints all aimed at building painting skills, developing individual creativity and discovering personal style and symbols.

Participants are also encouraged to find their own inspiration for their art and consequently these morning and day workshops are suitable for beginning and experienced painters alike.

Weekly Friday classes 10 am– 1.15 pm

Term 1	16th Feb	6 classes	\$354
Term 2	18th May	6 classes (*)	\$354
Term 3	3rd Aug	6 classes	\$354
Term 4	9th Nov	6 classes	\$354

* (No class on the 8th of June)

Cost includes paints, mediums, tools, visual diary and equipment including one stretched canvas either 30cm x 30cm or 30cm x 40 cm ,tuition and morning tea. Note: participants may need to provide additional small canvases during the term.

Sanctuary Saturdays offer a great way to escape into painting /multimedia art for a whole day.

Time Saturday 24th March 9.30am– 4pm
Saturday 21st July 9.30am–4 pm

On these days you can forget any worries. The combination of being in the studio, with rainbow coloured paints, surrounded by nature, with the company of like-minded people and with all food provided adds up to a lovely creative retreat.

No previous painting experience is needed. Ann introduces new participants to techniques and ideas, and you are also welcome to bring your own inspiration for your artwork.

Cost \$135 for each day includes—one 30cm x 40 cm or 30cm x 30 cm canvas, all paints, mediums, tools, tuition, morning tea and a light lunch.

Visual Diaries ~art full living

Using a Visual Diary on a daily or weekly basis is a great way for honing your 'eye for beauty' and finding what really inspires your imagination and heart.

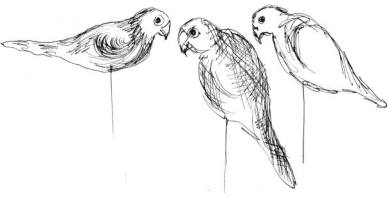
Your Visual diary can become a wonderful informal folio of art ideas growing out of images you draw, or find, in your day- to- day life.

In 2018 there are 4 workshops through the year to encourage your creativity, grow drawing skills and enrich your Visual Diary with different art ideas, interesting art materials and new energy.

The Theme for each date gives character and focus to the activities in that workshop.

Time Sundays 1.30pm—4.30pm
Cost \$240-for all four Sundays (or \$69- for individual Sundays) Includes one A4 Visual Dairy, tuition, all art materials and afternoon teas.

4th March- Figures
3rd June- Fungi
26th August –Flowers
2nd December—Fantasy



Feltmaking– Rainbow Parrot

Learn to make felt in a 3D way. Felt making is an ancient and 'down to earth' process, it is also very tactile, rewarding and easy to do. A great place to work is at the kitchen sink and so it is easy to make more felt at home.

These little parrot-like birds are 3D, not flat felt, see www.heart-art.com.au for images. They are fun to form and the results will make you smile...so will the big range of vividly coloured pure wools you can work with.

The parrots can be put on sticks to add splash of colour to indoor plants or hung by a thread under a light.....yes quirky and unique. A colourful afternoon in Winter.

Time Sunday 24th June 1pm– 4.30 pm
Cost \$75- includes tuition, notes, all materials and afternoon tea.